

# Voyaging Log

*To complete the Voyaging Log, imagine you were on board the canoe for this leg of the Voyage, and use your imagination and your individual reflection to create an entry that highlights some of the lessons you learned during this project.*

This is Crewmember [Your Name], writing this entry at [time] on [date], the final day of our leg from [Starting Port] to [Finishing Port]. This leg has been [enter imagined description of the voyaging leg, including weather, crew relations, wildlife sightings, accidents, etc.].

One of the highlights of our leg has been the food. The cook, [Cook's name on your Crew], prepared every meal with aloha and care for the whole Crew. My favorite meal was [favorite meal plan] because [state one or two reasons why you would have really enjoyed this meal]. We also had a good amount of luck on the fishing line, and managed to land [name one or two of your favorite open ocean fish]. It was amazing to eat so well while living out at sea!

One thing I learned about food from the voyage was [share an important insight you had about food and food sustainability from the project]. It's clear that voyagers of past and present have to consider multiple factors to prepare for a trip, especially connected to food. It is an incredible accomplishment just to pack and organize the canoe with all of the food we needed. Our Quartermaster, [Quartermaster's Name], did an excellent job keeping all of our meals and equipment organized. I think some of the most important factors we had to consider when making our food choices on the canoe were [identify the 3-5 most significant factors affecting food choices for the canoe]. Even though life back on land will be different, I still want to consider these factors, and I commit to [share your commitment to making more sustainable food choices at home and school].

Mahalo to our Captain, [Captain's Name], and the whole Crew for making this challenging leg of the voyage such a success!

Aloha