Nature Journal Set-Up

Set up your Nature Journals as a way to record your findings over time.

What should be observed in Kilo?
- **Kilo observations should be taken from the same place, at around the same time**. To get started, aim to have students make their observation entries at least 1 time per week (more if possible).
- **Knowledge gathering happens with the senses.** Unlike scientific observation, where you might start with a question and observations will help to answer that question, kilo observations tap into the senses and strengthen the relationship between the person and nature.
  - See, hear, smell, taste, feel
- **Knowledge gathering notes one's surroundings.**
  - Date
  - Time
  - Place
  - Weather (temperature, wind, etc.)
  - Position of the sun
  - [Moon cycle](#)

Journal entry template:

Side 1 – Observe	**Side 2 – Connect**
Date, Time, Place *Weather* *Position of the Sun* *Moon Cycle (optional)* *What do I...* *See* *Hear* *Smell* *Taste* *Feel* *I WONDER....*	*Based on today's kilo, how would you go about answering your "wondering"?* *What type of connections do you think exist between humans and what you observed?* ☾*Include a visual that represents today's observation*☾